

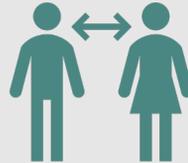
Help keep our Academy safe



Wash your hands frequently



Use the hand sanitiser in the classroom and around the school



Keep your distance (2m) around the academy



Wear face coverings in class and in all public spaces

How can I help myself and others to stay well?

COVID Rules

1. Arrive on time to your class
2. Leave the building when you have finished your classes
3. Always wear a face mask when you are in the academy buildings and in class
4. Only 2 people in reception at any time
5. Moving around the Academy:
 - Keep your distance from other people – 2 metres, where it is possible
 - There is a one-way system in the academy
 - There is a priority direction for people leaving the building (people leaving the building go first) or coming down the stairs

If you develop symptoms, you should:

1. Follow the UK self-isolation guidance
2. Apply for a coronavirus test
3. Do not come to the academy for your lessons. Phone us on +44 2920 344805. A member of the team will be able to help you. If the academy is closed, phone our emergency number +44 (0)7803 495154 and a member of the team will tell you what to do next.
4. Do NOT go to a GP/Doctors' surgery, pharmacy or hospital, you can call us first. Only call the NHS (National Health Service) 111 support line if the symptom checker advises you to do so. Only if it is a medical emergency, call 999 for an ambulance.

If you feel unwell in class, let your teacher know immediately. A member of staff will come to the class and arrange for you to travel home safely. We will help you with the process if you have suspected Covid-19 symptoms. If you need to self-isolate, we will stay in regular contact with you to make sure that you can get food deliveries and if you are well enough, we will arrange for you to join either your face-to-face class using Zoom or to join one of our online classes.

See our Covid-19 website page that is regularly updated for information about the Academy and local rules [here](#).

How does Celtic help to keep the Academy safe?



We have installed automatic hand sanitisers at the entrance, common areas and in each classroom.



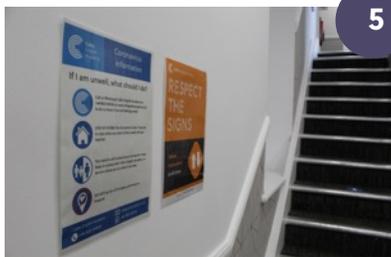
We have reduced the maximum class size to meet the 2 metres social distance rule. On average there are 4-6 students per class.



We have adapted the common areas, like Reception, to create a safe environment and the student lounges are limited to 6 at a time.



We have created a one-way priority direction system in the corridors and stairwells to help with the flow of movement.



We have clear posters showing the procedures in the Academy, including calendars for Social Activities that are Covid-compliant.



We have a QR code at the entrance to the Academy so students and staff scan it everyday for the UK NHS Track and Trace App.

Self-isolation – What does it mean?

You must not go out even to buy food or other essentials and you must stay inside to exercise in your home. We can help you to arrange food and other essential deliveries, if you need assistance. Do not invite or allow social visitors, such as other friends and family, to enter your home.

- **Homestay / Private Accommodation:** Use a separate bathroom from the rest of the household, if available. If a separate bathroom is not available, use a bathroom rota. You should use the facilities last, before thoroughly cleaning the bathroom after use.
- **All Accommodation (including Lumis Student Residence):** You will be asked to make a rota with others in your flat who share the kitchen. You will need to clean the kitchen after use. Take your meals back to your room to eat and don't socialise in the common areas.

You must self-isolate for 10 days if:

- You are arriving from a country that is not on the travel corridor list. Check the list [here](#).
- You have symptoms, from when your symptoms started, however mild.
- You tested positive (even if you are not experiencing symptoms), you must self-isolate from the day the test was taken. If you develop symptoms during this isolation period, or still have symptoms after 10 days, you must continue to self-isolate and seek medical advice.
- A person in your household or support bubble develops symptoms or tested positive, you must self-isolate for 10 days from when they first showed symptoms or tested positive.

[See full information about self-isolation rules in Wales.](#)